# THE LIGHT IN THE SHADOWS

Erasmus+ Project Death Education for Palliative Psychology - DE4PP

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We have been introduced to the world of ANT through a video
that documented the story of the group of people that work with it.
The emotional impact was already noticeable on our first day,
since we entered a dimension where we had the chance to interact
with individuals who had a connection to patients
with serious conditions (doctors and patients' families).
Everywhere we looked, there were inspirational signs
with meaningful messages that filled the air
with both melancholy and strength.
The second day of this experience has seen us engaged
in the role-play activity: putting ourselves in the shoes of both
patients with a diagnosis of terminal illness and their relatives,
allowed us to empathize with them and feel their pain.
We have experienced a significant impact on ourselves, and we will
never forget the feelings we felt that day.
The final day we spent in Bologna has been characterized
by an immersion in the routine of healthcare personnel
and medical staff during the daily house calls.
During this last day we had the chance to see first-hand the
experience of communication between the staff and the patients:
the care relationship they create stands out
for both professionalism and informality.
This enables the removal of relational obstacles while putting the
emphasis on caring assistance that embodies quality and sensitivity.
We learned from this experience that we can enter people's lives
"on tiptoe," offering and receiving a lot while doing so.
Finally, we would like to describe this whole experience with five
words: HOPE, INVOLVEMENT, LOVE, CHANGING and TOUCHING
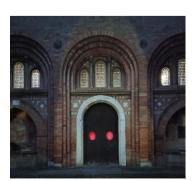A heartfelt thanks to all the heroes who work with ANT.


"We Will Be"


"The Joy Of Spirituality"


"Death Education: A Light In The Fog Of Silence"


"I'll Always Be With You"


"The Other Side"